

Week 1 – Slowing Down with God

Family/Individual Activity Options (Choose 1–2 this week):

___ Go on a slow family walk and point out things in nature you might miss if you rushed.

___ Have a “no screens” family meal where you just talk and enjoy time together.

___ Bake something together—take your time and enjoy the process.

Day 1 – Ecclesiastes 1:1-11

What’s something you’ve tried that didn’t turn out the way you hoped?

Day 2 – Ecclesiastes 1:12-18

What’s the difference between being smart and being wise?

Day 3 – Ecclesiastes 2:1-11

What’s a small gift from God you enjoyed today?

Day 4 – Ecclesiastes 2:12-17

Why do you think it’s important to make good choices, even when life feels unfair?

Day 5 – Ecclesiastes 2:18-26

What kind of work or activity do you really enjoy doing with your hands?

Day 6 – Ecclesiastes 3:1-8

What kind of “season” are you in right now—happy, silly, sad, or growing?



Week 2 – Joy in the Simple Things

Family/Individual Activities (Choose 1–2 this week):

___ Share “highs and lows” of your day around the dinner table.

___ Make a gratitude jar—write something you’re grateful for daily.

___ Spend an evening playing a favorite board game together.

Day 1 – Ecclesiastes 3:9-15

Can you name one way God is doing something good, even if you don’t see it yet?

Day 2 – Ecclesiastes 3:16-22

What’s something unfair you’ve seen? How do you think God wants us to respond?

Day 3 – Ecclesiastes 4:1-6

What helps you slow down and rest with God?

Day 4 – Ecclesiastes 4:7-12

Who is one friend or family member that helps you feel strong and brave?

Day 5 – Ecclesiastes 4:13-16

Why is listening to good advice important, even when we don’t want to?

Day 6 – Ecclesiastes 5:1-7

What does it feel like to be quiet with God? Try it for one minute!



Week 3 – Living with Wisdom

Family/Individual Activity Options (Choose 1–2 this week):

- ___ Try a family puzzle or brain game together.
- ___ Ask each person to share one piece of advice they've learned.
- ___ Memorize a verse from Ecclesiastes together.

Day 1 – Ecclesiastes 5:8-20

What's one little thing you enjoy every day that you can thank God for?

Day 2 – Ecclesiastes 6:1-12

When you feel confused or unsure, how do you remember God is still with you?

Day 3 – Ecclesiastes 7:1-14

What's something hard that taught you something good?

Day 4 – Ecclesiastes 7:15-29

What helps you want to do the right thing—even when it's not easy?

Day 5 – Ecclesiastes 8:1-9

When have you been brave enough to make a good choice all on your own?

Day 6 – Ecclesiastes 8:10-17

What's something you don't understand—but trust God with anyway?



Week 4 – God's Gift of Youth & Joy

Family Activity Options (Choose 1–2 this week):

- ___ Look through baby/kid photos and talk about memories.
- ___ Do something playful together (soccer, frisbee, dancing).
- ___ Each person share their favorite memory of joy.

Day 1 – Ecclesiastes 9:1-10

What do you want to do well this week?

Day 2 – Ecclesiastes 9:11-18

Have you ever lost when you thought you should've won?

Day 3 – Ecclesiastes 10:1-20

How can your words make someone feel better today?

Day 4 – Ecclesiastes 11:1-6

What's something small you can do today that might grow into something big later?

Day 5 – Ecclesiastes 11:7-10

What do you love most about being a kid right now?

Day 6 – Ecclesiastes 12:1-8

Why do you think it's important to learn about God while you're young?



Week 5 – Celebrate!

We read and experienced Ecclesiastes!
Let's spend this week thinking about where we saw
God move and how we move forward!

Day 1 – First Half Reflection (Ch. 1–6)

What's one new thing we've learned about God or life so far?

Day 2 – Second Half Reflection (Ch. 7–12)

What part of Ecclesiastes made you feel close to God?

Day 3 – Action Day

What is one thing our family wants to do differently after this study?

Day 4 – Family Story Day

Tell a story from your life when God felt close—even in a slow or hard time.

Day 6 – Celebrate & Pray!

Thank God for all the ways God spoke to you this month.
Celebrate with a treat or a special activity together!



Welcome to The Slow Path to Wisdom:

A 30-Day Family Devotional through Ecclesiastes!

This devotional is a guide for families to explore the book of Ecclesiastes together, with a daily verse and discussion question designed to spark meaningful conversations. Whether you're sitting down together as a family or discussing these questions one-on-one, we hope you'll discover new insights about God, life, and your place in the world.

Over the next 30 days, you'll be invited to reflect on big ideas—like joy, purpose, wisdom, and the mysteries of life. Ecclesiastes may ask hard questions, but it also opens the door to wonder and trust in God's timing.

This journey is for everyone—whether you're a parent, a child, or somewhere in between. Together, let's embrace the slow path, learning to notice and appreciate the wisdom God is giving us in each moment.

So, take a deep breath. Slow down.

Let's start this journey together. We're so glad you're here!

On this journey with you,

Denise Denise@yardleyumc.org

